

# September 2017

## Dartmouth Middle School

This Institution is an equal opportunity server

### LUNCH



**Breakfast: \$1.25 Lunch: \$3.00**  
**Milk Served With All Meals, Online payment at "myschoolbucks.com"**  
**Please let us know if you have any allergies**



**Breakfast served everyday: Cereal, English muffin w/ egg, cheese, sausage or bacon. Wheat Toast, Fruit or Juice**  
**Alternate Lunch: Sunbutter w/ Fluff or Jelly on Wheat Bread**  
**Assorted Salads w/ Cheese, Thursdays: Chicken Patty**



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



Chicken Nuggets w/Bread  
Mashed Potatoes  
Ham & Cheese Sub  
Broccoli  
Fruit

Grilled Cheese on Wheat Bread  
Pasta Salad  
Bologna & Cheese Sub  
Carrots  
Fruit

Pepperoni or Cheese Pizza **1**  
3 Bean Salad  
Green Beans  
Fruit

No School **4**  
Labor Day

Mozzarella Sticks w/Marina **5**  
Turkey & Cheese Sub  
Rice Pilaf  
Carrots  
Fruit

Spicy Chicken Patty on a Bun **6**  
Bologna & Cheese Sub  
Oven Baked Fries  
Green Beans  
Fruit

Hamburger or Cheeseburger **7**  
On a Bun  
Chili w/ Cheese  
Ham & Cheese Sub  
Broccoli  
Fruit

Pepperoni or Cheese Pizza **8**  
Pasta Salad  
Peas  
Fruit

Meatball Sub on Wheat Bread **11**  
Pepperoni Pizza Sticks  
Browned Rice  
Italian Sub w/ Cheese  
Broccoli  
Fruit

Popcorn Chicken w/ Bread **12**  
Ham & Cheese Sub  
Mashed Potatoes  
Corn  
Fruit

Early Release Day **13**

Linguica Sub on Wheat Bread **14**  
Chicken Salad Sub  
Hash Browns  
Carrots  
Fruit

Pepperoni or Cheese Pizza **15**  
3 Bean Salad  
Green Beans  
Fruit

Chicken Tenders w/ Bread **18**  
Turkey & Cheese Sub  
Mashed Potatoes  
Peas  
Fruit

Taco's w/ Cheese **19**  
Chicken Fajita Sub w/ Cheese  
Spanish Rice  
Green Beans  
Fruit

Assorted Sub Day **20**  
Baked Chips  
Carrot Sticks  
Fruit

Teriyaki Chicken Patty on a Whole wheat bun **21**  
Chili w/ Cheese  
Vegetable  
Fruit

Pepperoni or Cheese Pizza **22**  
Caesar Salad  
Broccoli  
Fruit

Teriyaki Chicken Dippers **25**  
Bread  
Ham & Cheese Sub  
Rice Pilaf  
Carrots  
Fruit

Hot Dog on a Wheat Bun **26**  
Bologna & Cheese Sub  
Oven Baked Fries  
Broccoli  
Fruit

French Meat Pie w/ Gravy **27**  
Bread  
Turkey & Cheese Sub  
Mashed Potatoes  
Corn  
Fruit

BBQ Rib on a wheat Bun **28**  
Italian Sub w/ Cheese  
Oven Baked Beans  
Fruit

Pepperoni or Cheese Pizza **29**  
Buttered Noodles  
Green Beans  
Fruit